LUNCH MENU



There is a 15% surcharge on your final bill for table service

- APPETIZERS -			
Bistro Fries with Scallion Aioli Serves 3-4	8.75	Steak Caesar Salad Half	16.25
$ m Dip\ Trio$ (Can be made GF or DF) Hummus, local goat cheese and black bean dip served with lavosh and fresh vegetables.	12.00	Full Salmon Caesar Salad Half	17.25 16.25
Quesadilla (Can be made Vegetarian) Chicken, black beans, peppers, onions and pepper jack cheese served with pico de gallo and sour cream.	11.75	Full Farmer's Salad (GF, Can be made DF and V) Mixed greens, U of M cheese, egg, grilled	17.25 12.00
Tacos Flour or GF corn tortillas with your choice of grilled chicken, steak or veggies. Served with pico de gallo, sour cream, cabbage and cilantro. - CHEF'S SPECIAL - Limited Availability, Changes Daily	5.25 ea	seasonal vegetable, radishes, peas and champagne vinaigrette. Add Chicken, Steak, Salmon or Tofu for an extra Deli Salad Sides Choose from tomato caprese (GF), assorted fruit (GF, DF, V) and grilled vegetables (GF, DF, V). One Deli Salad Side	5.00
Entrée	15.25	Two Deli Salad Sides Three Deli Salad Sides	$7.75 \\ 12.00$
Soup Cup Bowl	5.00 7.95	- SANDWICHES - All sandwiches are served with a pickle and your choice of potato chips or carrots and celery. Substitute with fries for \$4.25	-
- BOWLS & SALADS	_	Grilled Salmon Sandwich	16.95
Curried Vegetable and Rice	13.95	Served on baguette with mixed greens, avocado, lemon aioli, tomato and red onion.	
Bowl (GF, DF, V) Stir-fried vegetables in coconut curry sauce with jasmine rice. Add Chicken, Steak, Salmon or Tofu for an extra	a fee	Grilled Chicken Breast Sandwich Served on house-made focaccia with local bacon avocado mayo, Swiss cheese, lettuce, tomato and red onion.	-
Plain Caesar Salad Romaine lettuce tossed with egg, red onion, croutons and house-made Caesar dressing. Half Full	8.50 9.50	MN Grass-Fed Beef Hamburger Served on whole wheat bun with lettuce, tomato and red onion. Add Provolone, Pepper Jack, Swiss \$1.00 or Cheddar Cheese	12.00
Chicken Caesar Salad	14.75	Campus Club Tuna Melt Served on 10 grain with cheddar cheese.	12.00

15.75

Full

Served on 10 grain with cheddar cheese.

- SANDWICHES CONT. -

- BEVERAGES -

Classic Reuben Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye. Rachel	13.25	Brewed Coffee	3.00
	13.25	House Brewed Iced Tea	2.75
		Bottled Iced Tea	4.50
Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made		Forage Kombucha	4.50
Thousand Island dressing on Russian rye.		Fountain Soda	2.95
Smoked Turkey and U of M Gouda Ferndale Market Smoked Turkey Breast, local tomato, caramelized onions, U of M Gouda with avocado mayo on pretzel roll.	13.25	Canned Soda	3.00
		San Pellegrino Water	4.75
U of M Gouda and Tomato Served with caramelized onions and avocado mayo on pretzel roll.	11.75	AHA SparklingWater	3.00
		Ask about our Beer and Wine Select	tions

- EXTRAS -

- DESSERT -

Grilled Salmon Fillet	9.50	Daily Dessert	7.95
Grass-Fed Beef Steak	9.50		.50 ea
Grilled Chicken Breast	6.25	Your choice of chocolate chip or peanut butter.	
Grilled Minn Tofu	5.25	Gluten-Free Cookies Your choice of chocolate chip or	.95 ea
Side of Fries	4.25	peanut butter.	
Avocado	3.75	••••••••••••	•••••
Bacon	3.25	ASK ABOUT	•

Side of Potato Chips 2.00

Side of Ranch 2.00

Caramelized Onions 1.50 TODAY'S DESSERT SPECIALS!

