LUNCH MENU



There is a 15% surcharge on your final bill for table service

	-	APPE	CTIZ	ZERS -	
D' .	ъ.	.1.0	111	A . 1.	

Bistro Fries with Scallion Aioli 7.95 Serves 3-4

 $\begin{array}{ll} \text{Dip Trio (Can be made GF or DF)} & 10.25 \\ \text{Hummus, local goat cheese and black bean dip served} \\ \text{with grilled bread, lavosh and fresh vegetables.} \end{array}$

Quesadilla (Can be made Vegetarian) 9.95 Chicken, black beans, peppers, onions and pepper jack cheese served with pico de gallo and sour cream.

Tacos 4.95 ea

Flour or GF corn tortillas with your choice of grilled chicken, steak or veggies. Served with pico de gallo, sour cream, cabbage and cilantro.

- CHEF'S SPECIAL - Limited Availability, Changes Daily

 $\begin{array}{ccc} \text{Entr\'ee} & & 13.95 \\ \text{Soup} & & & \\ \text{Cup} & & 4.50 \\ \text{Bowl} & & 7.00 \\ \end{array}$

- BOWLS & SALADS -

Curried Vegetable and Rice 12.50 Bowl (GF, DF, V)
Stir-fried vegetables in coconut curry sauce with jasmine rice.

Add Chicken, Steak or Salmon for an extra fee

Plain Caesar Salad

Romaine lettuce tossed with egg, red onion, croutons and house-made Caesar dressing.

Half	7.75
Full	8.75

Chicken Caesar Salad
Half 12.75

Full 13.75

Steak Caesar Salad

Half	14.25
Full	15.25

Salmon Caesar Salad

Half	14.75
Full	15.75

Farmer's Salad (GF, Can be made DF and V) 10.95 Mixed greens, U of M Gouda, egg, grilled asparagus, radishes, peas and champagne vinaigrette.

Add Chicken, Steak or Salmon for an extra fee

Salad Sampler

Choose from roasted squash caprese (GF), assorted fruit (GF, DF, V) and grilled vegetables (GF, DF, V).

Single Salad	4.75
Two Salad Sampler	7.25
Three Salad Sampler	11.50

- SANDWICHES -

All sandwiches are served with a pickle and your choice of kettle chips or carrots and celery.

Substitute with fries for \$3.50

Grilled Salmon Sandwich 15.95
Served on baguette with mixed greens, avocado, lemon aioli, tomato and red onion.

Grilled Chicken Breast Sandwich 13.95 Served on house-made focaccia with local bacon, avocado mayo, Swiss cheese, lettuce, tomato and red onion.

MN Grass-Fed Beef Hamburger 10.25 Served on whole wheat bun with lettuce, tomato and red onion.

Add Provolone, Pepper Jack, Swiss \$1.00 or Cheddar Cheese

Campus Club Tuna Melt 10.50 Served on 10 grain with cheddar cheese.

- SANDWICHES CONT. -

- BEVERAGES -

Classic Reuben	11.50	Brewed Coffee	3.00
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.		Brewed Iced Tea	2.75
Rachel	11.50	Single Espresso	3.25
Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made		Double Espresso	4.25
Thousand Island dressing on Russian rye.		Latte	4.75
Smoked Turkey and U of M Gouda Ferndale Market Smoked Turkey Breast, local	11.50	Forage Kombucha	4.50
tomato, caramelized onions, U of M Gouda with avocado mayo on pretzel roll.		Fountain Soda	2.95
U of M Gouda and Tomato	10.50	San Pellegrino Water	4.75
Served with caramelized onions and avocado mayo on pretzel roll.		Bubly SparklingWater	3.00
, .		v i	
- EXTRAS -		Bottled Beer	7.00
- EXTRAS - Side of Fries	3.50	Bottled Beer Small Wine Bottles	7.00 7.00
	3.50 7.50		
Side of Fries		Small Wine Bottles	
Side of Fries Grilled Salmon Fillet	7.50	Small Wine Bottles - DESSERT - Daily Dessert Cookies	7.00
Side of Fries Grilled Salmon Fillet Grilled Chicken Breast	7.50 5.25	Small Wine Bottles - DESSERT - Daily Dessert	7.00 6.50
Side of Fries Grilled Salmon Fillet Grilled Chicken Breast Grass-Fed Beef Steak	7.50 5.25 7.50	Small Wine Bottles - DESSERT - Daily Dessert Cookies Your choice of chocolate chip or peanut butter. Gluten-Free Cookies	7.00 6.50
Side of Fries Grilled Salmon Fillet Grilled Chicken Breast Grass-Fed Beef Steak Bacon	7.50 5.25 7.50 2.75	Small Wine Bottles - DESSERT - Daily Dessert Cookies Your choice of chocolate chip or peanut butter.	7.00 6.50 3.25 ea

ASK ABOUT TODAY'S DESSERT SPECIALS!



GF Gluten-Free | DF Dairy-Free | V Vegan