

LUNCH MENU



There is a 15% surcharge on your final bill for table service

- APPETIZERS -

Bistro Fries with Scallion Aioli 8.75
Serves 3-4

Dip Trio (Can be made GF or DF) 12.00
Hummus, local goat cheese and black bean dip served with lavosh and fresh vegetables.

Quesadilla (Can be made Vegetarian) 11.75
Chicken, black beans, peppers, onions and pepper jack cheese served with pico de gallo and sour cream.

Tacos 5.25 ea
Flour or GF corn tortillas with your choice of grilled chicken, steak or veggies. Served with pico de gallo, sour cream, cabbage and cilantro.

- CHEF'S SPECIAL - *Limited Availability, Changes Daily*

Entrée 15.25

Soup
Cup 5.00
Bowl 7.95

- BOWLS & SALADS -

Curried Vegetable and Rice 13.95
Bowl (GF, DF, V)
Stir-fried vegetables in coconut curry sauce with jasmine rice.

Add Chicken, Steak, Salmon or Tofu for an extra fee

Plain Caesar Salad
Romaine lettuce tossed with egg, red onion, croutons and house-made Caesar dressing.
Half 8.50
Full 9.50

Chicken Caesar Salad
Half 14.75
Full 15.75

Steak Caesar Salad
Half 16.25
Full 17.25

Salmon Caesar Salad
Half 16.25
Full 17.25

Farmer's Salad 12.00
(GF, Can be made DF and V)
Mixed greens, U of M cheese, egg, grilled seasonal vegetable, radishes, peas and champagne vinaigrette.

Add Chicken, Steak, Salmon or Tofu for an extra fee

Deli Salad Sides
Choose from tomato caprese (GF), assorted fruit (GF, DF, V) and grilled vegetables (GF, DF, V).
One Deli Salad Side 5.00
Two Deli Salad Sides 7.75
Three Deli Salad Sides 12.00

- SANDWICHES -

All sandwiches are served with a pickle and your choice of potato chips or carrots and celery.

Substitute with fries for \$4.25

Grilled Salmon Sandwich 16.95
Served on baguette with mixed greens, avocado, lemon aioli, tomato and red onion.

Grilled Chicken Breast Sandwich 14.95
Served on house-made focaccia with local bacon, avocado mayo, Swiss cheese, lettuce, tomato and red onion.

MN Grass-Fed Beef Hamburger 12.00
Served on whole wheat bun with lettuce, tomato and red onion.
Add Provolone, Pepper Jack, Swiss \$1.00 or Cheddar Cheese

Campus Club Tuna Melt 12.00
Served on 10 grain with cheddar cheese.

- SANDWICHES CONT. -

Classic Reuben Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.	13.25
Rachel Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.	13.25
Smoked Turkey and U of M Gouda Ferndale Market Smoked Turkey Breast, local tomato, caramelized onions, U of M Gouda with avocado mayo on pretzel roll.	13.25
U of M Gouda and Tomato Served with caramelized onions and avocado mayo on pretzel roll.	11.75

- EXTRAS -

Grilled Salmon Fillet	9.50
Grass-Fed Beef Steak	9.50
Grilled Chicken Breast	6.25
Grilled Minn Tofu	5.25
Side of Fries	4.25
Avocado	3.75
Bacon	3.25
Side of Potato Chips	2.00
Side of Ranch	2.00
Caramelized Onions	1.50

- BEVERAGES -

Brewed Coffee	3.00
House Brewed Hot Tea	3.00
House Brewed Iced Tea	3.00
Bottled Iced Tea	4.50
Forage Kombucha	4.50
Fountain Soda	2.95
Canned Soda	3.00
San Pellegrino Water	4.75
AHA Sparkling Water	3.00

Ask about our Beer and Wine Selections

- DESSERT -

Daily Dessert	7.95
Cookies Your choice of chocolate chip or peanut butter.	3.50 ea
Gluten-Free Cookies Your choice of chocolate chip or peanut butter.	3.95 ea

**ASK ABOUT
TODAY'S DESSERT
SPECIALS!**



GF Gluten-Free | DF Dairy-Free | V Vegan

Prices listed are for Campus Club members and their guests. If you are not sponsored by a Campus Club member, there is a 15% surcharge on food and beverage. Ask about membership today!