LUNCH MENU



There is a 15% surcharge on your final bill for table service

- APPETIZERS -			
Bistro Fries with Scallion Aioli Serves 3-4	8.75		16.25
$Dip\ Trio$ (Can be made GF or DF) Hummus, local goat cheese and black bean dip with grilled bread, lavosh and fresh vegetables		Salmon Caesar Salad	17.2516.25
Quesadilla (Can be made Vegetarian) Chicken, black beans, peppers, onions and pepper jack cheese served with pico de gallo and sour cream.	11.75	Full Farmer's Salad (GF, Can be made DF and V) Mixed greens, U of M Gouda, egg, grilled asparagus, radishes, peas and	17.25 12.00
$Tacos \\ Flour or GF corn tortillas with your choice \\ of grilled chicken, steak or veggies. Served \\ with pico de gallo, sour cream, cabbage \\ and cilantro. \\ 5.25 ea$		champagne vinaigrette. Add Chicken, Steak or Salmon for an extra fee Deli Salad Sides Choose from roasted squash caprese (GF), assorted fruit (GF, DF, V) and grilled vegetables (GF, DF, V).	
- CHEF'S SPECIAL - Limited Availability, Changes Daily		One Deli Salad Side Two Deli Salad Sides	$5.00 \\ 7.75 \\ 12.00$
Entrée Soup Cup Bowl	15.25 5.00 7.95	- SANDWICHES - All sandwiches are served with a pickle and your choice of potato chips or carrots and celery. Substitute with fries for \$4.25	
- BOWLS & SALADS		Grilled Salmon Sandwich Served on baguette with mixed greens, avocado, lemon aioli, tomato and red onion.	16.95
Curried Vegetable and Rice Bowl (GF, DF, V) Stir-fried vegetables in coconut curry sauce with jasmine rice. Add Chicken, Steak or Salmon for an extra fee	13.95	Grilled Chicken Breast Sandwich Served on house-made focaccia with local bacon, avocado mayo, Swiss cheese, lettuce, tomato and red onion.	14.95

Plain Caesar Salad

Romaine lettuce tossed with egg, red onion, croutons and house-made Caesar dressing.

Half	8.50
Full	9.50

Chicken Caesar Salad

14.75 Half Full 15.75 MN Grass-Fed Beef Hamburger Served on whole wheat bun with lettuce, tomato and red onion.

12.00

Add Provolone, Pepper Jack, Swiss \$1.00 or Cheddar Cheese

Campus Club Tuna Melt 12.00 Served on 10 grain with cheddar cheese.

- SANDWICHES CONT. -

- BEVERAGES -

Classic Reuben Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye. Rachel Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.	13.25 13.25	Brewed Coffee	3.00
		Brewed Iced Tea	2.75
		Single Espresso	3.25
		Double Espresso	4.25
		Latte	4.75
Smoked Turkey and U of M Gouda Ferndale Market Smoked Turkey Breast, local tomato, caramelized onions, U of M Gouda with avocado mayo on pretzel roll.	13.25	Forage Kombucha	4.50
		Fountain Soda	2.95
U of M Gouda and Tomato Served with caramelized onions and avocado mayo on pretzel roll.	11.75	San Pellegrino Water	4.75
		Bubly SparklingWater	3.00
		Bottled Beer	7.00
- EXTRAS -		Dottied Deel	7.00
- EXTRAS - Side of Fries	4.25	Small Wine Bottles	7.00
	4.25 2.00		
Side of Fries		Small Wine Bottles	
Side of Fries Side of Potato Chips	2.00	Small Wine Bottles - DESSERT - Daily Dessert Cookies	7.00
Side of Fries Side of Potato Chips Grilled Salmon Fillet	2.00 9.50	Small Wine Bottles - DESSERT - Daily Dessert	7.00 7.95
Side of Fries Side of Potato Chips Grilled Salmon Fillet Grilled Chicken Breast	2.009.506.25	Small Wine Bottles - DESSERT - Daily Dessert Cookies Your choice of chocolate chip or peanut butter. Gluten-Free Cookies	7.00 7.95
Side of Fries Side of Potato Chips Grilled Salmon Fillet Grilled Chicken Breast Grass-Fed Beef Steak	2.009.506.259.50	Small Wine Bottles - DESSERT - Daily Dessert Cookies Your choice of chocolate chip or peanut butter.	7.00 7.95 3.50 ea
Side of Fries Side of Potato Chips Grilled Salmon Fillet Grilled Chicken Breast Grass-Fed Beef Steak Bacon	2.009.506.259.503.25	Small Wine Bottles - DESSERT - Daily Dessert Cookies Your choice of chocolate chip or peanut butter. Gluten-Free Cookies Your choice of chocolate chip or	7.00 7.95 3.50 ea 3.95 ea

