## BAR MENU



- APPETIZERS -		U of M Cheese Platter A variety of U of M made cheeses with crackers	11.95
m Tacos (Can be made GF or V)	5.25 ea	and grapes.	
Flour or GF corn tortillas with your choice of grilled chicken, steak or veggies. Served with pico de gallo, sour cream, cabbage and cilantro.		$Dip\ Trio$ (Can be made GF or DF) Hummus, local goat cheese and black bean dip served with lavosh and fresh vegetables.	12.00
Shrimp Tacos	6.25 ea	Greek Salad and Hummus Platter Local cucumbers, tomatoes, feta and olives	12.95
Bistro Fries with Scallion Aioli Serves 3-4	8.75	with hummus and grilled pita.	
Yucca Fries with Chimichurri 9.75 Crispy, thick-cut yucca fries served with		- BOWLS & SALADS -	
chimichurri sauce.		Soup	
Ellsworth Creamery Cheese Curds	9.75	Limited availability, changes daily	
Wisconsin made cheese curds served with buttermilk ranch dressing.	0.70	Cup Bowl	$5.00 \\ 7.95$
Chicken Wings	10.00	Curried Vegetable and Rice	13.95
Six wings with locally made Triple Crown	10.00	Bowl (GF, DF, V)	
barbeque sauce.		Stir-fried vegetables in coconut curry sauce with jasmine rice.	
Chimichurri Chicken Skewers (GF, DF) 10.00 Six skewers with chimichurri sauce.		Add Chicken, Steak, Salmon or Tofu for an extra fee	
SIX SKEWEIS WITH CHIMICHAITH SAUCC.		Rice and Black Beans Bowl	13.95
Campus Club Nachos Our famous nachos loaded with black beans,		Rice and black beans with pico de gallo, guacamole, cabbage and sour cream with	
pepper jack cheese, guacamole and pico de ga		grilled vegetables.	faa
Small serves 1-2 Large serves 3-4	8.95 $11.95$	Add Chicken, Steak, Salmon or Tofu for an extra	ree
Add Chicken or Ground Beef \$2.25	11.00	Plain Caesar Salad Romaine lettuce tossed with egg, red onion,	
Mini Club Sandwiches	10.95	croutons and house-made Caesar dressing.	
Four mini sandwiches with Ferndale Market		Half Full	8.50
smoked turkey, bacon, Swiss cheese and tomato on ten-grain with avocado mayo.		i uii	9.50
,		Chicken Caesar Salad	
Chicken and Vegetable	10.95	Half	14.75
Potstickers (DF) Twelve potstickers served with ginger tamari se	21160	Full	15.75
No MSG. Contains Gluten and Soy.	auce.	Steak Caesar Salad	
Two Wisd. Contains Gluten and Soy.		Half	16.25
Spinach Artichoke Dip	11.50	Full	17.25
Spinach, artichoke hearts and parmesan cheese baked and served with crackers.	,	Salmon Caesar Salad	
Substitute with GF crackers \$2.00		Half	16.25
Jorge's Crab and Artichoke Dip	12.95	Full	17.25
Quesadilla (Can be made Vegetarian) Chicken, black beans, peppers, onions and pepper jack cheese served with pico de gallo	11.75	Farmer's Salad (GF, Can be made DF and V Mixed greens, U of M cheese, egg, grilled seasonal vegetable, radishes, peas and champagne vinaigrette.	12.00
and sour cream.		Add Chicken, Steak, Salmon or Tofu for an extra	fee

- SANDWICHES -	- EXTRAS -		
All sandwiches are served with a pickle and your choice of potato chips or carrots and celery.  Substitute with fries for \$4.25		Grilled Salmon Fillet	9.50
MN Grass-Fed Beef Hamburger Served on whole wheat bun with lettuce, tomato and red onion.  Add Provolone, Pepper Jack, Swiss \$1.00 or Cheddar Cheese	12.00	Grass-Fed Beef Steak	9.50
		Grilled Chicken Breast	6.25
		Grilled Minn Tofu	5.25
Campus Club Tuna Melt Served on 10 grain with cheddar cheese.	12.00	Side of Fries	4.25
		Avocado	3.75
U of M Gouda and Tomato Served with caramelized onions and avocado	11.75	Bacon	3.25
mayo on pretzel roll.		Side of Potato Chips	2.00
Smoked Turkey and U of M Gouda Ferndale Market Smoked Turkey Breast, local tomato, caramelized onions, U of M Gouda with avocado mayo on pretzel roll.	13.25	Side of Ranch	2.00
		Caramelized Onions	1.50
Classic Reuben Thinly sliced corned beef, sauerkraut, Swiss	13.25	- BEVERAGES -	
	13.25	- BEVERAGES - Brewed Coffee	3.00
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Rachel	13.25 13.25		3.00 2.75
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.		Brewed Coffee	
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Rachel Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.	13.25	Brewed Coffee Brewed Iced Tea	2.75
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Rachel Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made	13.25 14.95	Brewed Coffee Brewed Iced Tea Single Espresso	2.75 3.25
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Rachel Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Grilled Chicken Breast Sandwich Served on house-made focaccia with local bacon	13.25 14.95	Brewed Coffee Brewed Iced Tea Single Espresso Double Espresso	<ul><li>2.75</li><li>3.25</li><li>4.25</li></ul>
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Rachel Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Grilled Chicken Breast Sandwich Served on house-made focaccia with local bacon avocado mayo, Swiss cheese, lettuce, tomato and red onion.  Grilled Salmon Sandwich Served on baguette with mixed greens, avocado,	13.25 14.95 16.95	Brewed Coffee Brewed Iced Tea Single Espresso Double Espresso Latte	<ul><li>2.75</li><li>3.25</li><li>4.25</li><li>4.75</li></ul>
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Rachel Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.  Grilled Chicken Breast Sandwich Served on house-made focaccia with local bacon avocado mayo, Swiss cheese, lettuce, tomato and red onion.  Grilled Salmon Sandwich	13.25 14.95 16.95	Brewed Coffee Brewed Iced Tea Single Espresso Double Espresso Latte Forage Kombucha	<ul><li>2.75</li><li>3.25</li><li>4.25</li><li>4.75</li><li>4.50</li></ul>
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Daily Dessert

Cookies

Your choice of chocolate chip or peanut butter.

Gluten-Free Cookies

Your choice of chocolate chip or peanut butter.

3.95 ea

ASK ABOUT TODAY'S DESSERT SPECIALS!

