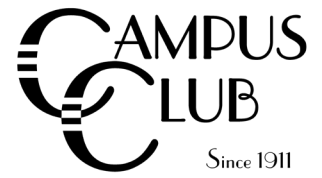


# BAR MENU



## - APPETIZERS -

Tacos (Can be made GF or V) 5.25 ea  
Flour or GF corn tortillas with your choice of grilled chicken, steak or veggies. Served with pico de gallo, sour cream, cabbage and cilantro.

Shrimp Tacos 6.25 ea

Bistro Fries with Scallion Aioli 8.75  
Serves 3-4

Yucca Fries with Chimichurri 9.75  
Crispy, thick-cut yucca fries served with chimichurri sauce.

Ellsworth Creamery Cheese Curds 9.75  
Wisconsin made cheese curds served with buttermilk ranch dressing.

Chicken Wings 10.00  
Six wings with locally made Triple Crown barbeque sauce.

Chimichurri Chicken Skewers (GF, DF) 10.00  
Six skewers with chimichurri sauce.

Campus Club Nachos  
Our famous nachos loaded with black beans, pepper jack cheese, guacamole and pico de gallo.  
Small serves 1-2 8.95  
Large serves 3-4 11.95

*Add Chicken or Ground Beef \$2.25*

Mini Club Sandwiches 10.95  
Four mini sandwiches with Ferndale Market smoked turkey, bacon, Swiss cheese and tomato on ten-grain with avocado mayo.

Chicken and Vegetable 10.95  
Potstickers (DF)  
Twelve potstickers served with ginger tamari sauce.  
*No MSG. Contains Gluten and Soy.*

Spinach Artichoke Dip 11.50  
Spinach, artichoke hearts and parmesan cheese, baked and served with crackers.

*Substitute with GF crackers \$2.00*

Jorge's Crab and Artichoke Dip 12.95

Quesadilla (Can be made Vegetarian) 11.75  
Chicken, black beans, peppers, onions and pepper jack cheese served with pico de gallo and sour cream.

U of M Cheese Platter 11.95  
A variety of U of M made cheeses with crackers and grapes.

Dip Trio (Can be made GF or DF) 12.00  
Hummus, local goat cheese and black bean dip served with lavosh and fresh vegetables.

Greek Salad and Hummus Platter 12.95  
Local cucumbers, tomatoes, feta and olives with hummus and grilled pita.

## - BOWLS & SALADS -

Soup  
*Limited availability, changes daily*  
Cup 5.00  
Bowl 7.95

Curried Vegetable and Rice 13.95  
Bowl (GF, DF, V)  
Stir-fried vegetables in coconut curry sauce with jasmine rice.

*Add Chicken, Steak, Salmon or Tofu for an extra fee*

Rice and Black Beans Bowl 13.95  
Rice and black beans with pico de gallo, guacamole, cabbage and sour cream with grilled vegetables.

*Add Chicken, Steak, Salmon or Tofu for an extra fee*

Plain Caesar Salad  
Romaine lettuce tossed with egg, red onion, croutons and house-made Caesar dressing.  
Half 8.50  
Full 9.50

Chicken Caesar Salad  
Half 14.75  
Full 15.75

Steak Caesar Salad  
Half 16.25  
Full 17.25

Salmon Caesar Salad  
Half 16.25  
Full 17.25

Farmer's Salad (GF, Can be made DF and V) 12.00  
Mixed greens, U of M cheese, egg, grilled seasonal vegetable, radishes, peas and champagne vinaigrette.

*Add Chicken, Steak, Salmon or Tofu for an extra fee*

## - SANDWICHES -

*All sandwiches are served with a pickle and your choice of potato chips or carrots and celery.*

*Substitute with fries for \$4.25*

MN Grass-Fed Beef Hamburger 12.00  
Served on whole wheat bun with lettuce, tomato and red onion.

*Add Provolone, Pepper Jack, Swiss or Cheddar Cheese \$1.00*

Campus Club Tuna Melt 12.00  
Served on 10 grain with cheddar cheese.

U of M Gouda and Tomato 11.75  
Served with caramelized onions and avocado mayo on pretzel roll.

Smoked Turkey and U of M Gouda 13.25  
Ferndale Market Smoked Turkey Breast, local tomato, caramelized onions, U of M Gouda with avocado mayo on pretzel roll.

Classic Reuben 13.25  
Thinly sliced corned beef, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.

Rachel 13.25  
Ferndale Market Smoked Turkey Breast, sauerkraut, Swiss cheese and house-made Thousand Island dressing on Russian rye.

Grilled Chicken Breast Sandwich 14.95  
Served on house-made focaccia with local bacon, avocado mayo, Swiss cheese, lettuce, tomato and red onion.

Grilled Salmon Sandwich 16.95  
Served on baguette with mixed greens, avocado, lemon aioli, tomato and red onion.

## - DESSERT -

Daily Dessert 7.95

Cookies 3.50 ea  
Your choice of chocolate chip or peanut butter.

Gluten-Free Cookies 3.95 ea  
Your choice of chocolate chip or peanut butter.

## - EXTRAS -

Grilled Salmon Fillet 9.50

Grass-Fed Beef Steak 9.50

Grilled Chicken Breast 6.25

Grilled Minn Tofu 5.25

Side of Fries 4.25

Avocado 3.75

Bacon 3.25

Side of Potato Chips 2.00

Side of Ranch 2.00

Caramelized Onions 1.50

## - BEVERAGES -

Brewed Coffee 3.00

House Brewed Hot Tea 3.00

House Brewed Iced Tea 3.00

Single Espresso 3.25

Double Espresso 4.25

Latte 4.75

Forage Kombucha 4.50

Fountain Soda 2.95

San Pellegrino Water 4.75

Bubly Sparkling Water 3.00

*ASK ABOUT TODAY'S  
DESSERT SPECIALS!*



*Prices listed are for Campus Club members and their guests. If you are not sponsored by a Campus Club member, there is a 15% surcharge on food and beverage. Ask about membership today!*